



## Contact Us

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*Life is a Journey – Explore it!*

Dates	Eco Ultra Walks – 10 Days	Spaces available
18 – 29 April	301 Boland Eco Ultra	8
4-15 June	301 Kalahari Eco Ultra Marathon	0
15 - 26 Aug	301km Namaqualand Eco Ultra Marathon	7
2 – 13 Oct	301 km Klein Karoo Eco Ultra Walk	10
Dates	Holiday Eco Walks – 5 days	Spaces available
2 – 8 April	Boland Holiday Eco Walk	9
7 – 13 May	Namib 'Wilde Perde' Eco Walk	8
13 – 19 May & 4–11 June	101 km Kalahari Eco Walk	10 9
13 -19 Aug 23 – 29 Aug 28 Aug – 3 Sept 4 – 10 Sept	101km Namqualand Eco Walk	12 12 12 12
3 – 9 Sept	Overberg Holiday Eco Walk	10
10 - 16 & 24 – 30 Sept	101km Klein Karoo Eco Walk	10
15 –21 Oct	Baviaanskloof 'Amazing Walk'	8
22 – 28 Oct	Baviaanskloof 'Amazing Walk'	10
Dates	Slack-Pack Hikes – 5 Days	Spaces available
5 – 10 March	Cedarberg Snow-Protea Hike	10
12 – 18 & 19- 25 March	Cape Point to Table Mountain slack packing (Hoerikwaggo)	10 10
4 - 9 Dec	Whale Trail slack packing	Group booking only
Dates	Fish River Canyon Back-Pack Hike – 5 days	Spaces available
21 – 28 May 4 – 11 June 18 – 24 June 2 – 9 July 23 – 30 July	Fish River Canyon, Namibia	4 0 10 4 10

**All events are open for registration/booking**

After registration you will receive 'SPORE' Newsletters with checklists, recommendations on training, walking equipment and general information i.e. transport, with a finalized programme.

**Notes:**

- The support team departs from Paarl, Cape Town, on the day before the walk/hike starts. We suggest that you fly to Cape Town (if not a resident of the Western Cape) to arrive at the airport on the day before we leave for the start of the walk/hike. We will pick you up at the airport and arrange accommodation for you the evening before departure.
- Because we are not sure of your traveling arrangements when you register/book, the cost of airport transfers, as well as the accommodation & dinner the evening before departure, is not included in the package.