

## Contact Us

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Life is a Journey - Explore it!

Dates	MTB Holiday Experiences - 5 days	Spaces available
8 – 14 April	Boland MTB Experience	10
6 – 12 May	Boesmanland & Augrabies National Park	10
13 – 19 May		10
9 - 15 Aug	Namqualand MTB Experience	10
2 – 8 Sept	Overberg MTB Experience	10
9 - 15 Sept	Klein Karoo MTB Experience	10
14 –20 Oct	Baviaanskloof MTB Experience	10
	(Group bookings are welcome with customized dates)	

## All events are open for registration/booking

After registration you will receive 'SPORE' Newsletters with checklists, recommendations on training, MTB equipment and general information i.e. transport, with a finalized programme.

## Notes:

• The support team departs from Cape Town International Airport. We suggest that you fly to Cape Town (if not a resident of the Western Cape) We will pick you up at the airport